



JOSHA's Critical Review of "Death and the Meaning of Life in Logotherapy and in "The Death of Ivan Ilych": Psychological Analysis of a Literary Work"

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Submitted: 22. November 2023
Published: 26. December 2023
Volume: 10
Issue: 6
Affiliation: JOSHA & The University of Amazon, Belém, Brazil
Languages: English
Keywords: Psychology, Literature, Interdisciplinarity, Logotherapy, Death
Categories: News and Views, Humanities, Social Sciences and Law
DOI: 10.17160/josha.10.6.954

Abstract:

This study explores the connection between psychology and literature by investigating how the themes of "death" and the "meaning of life" intertwine. It draws from Viktor Frankl's Logotherapy and Existential Analysis, examining their application in literature with insights from psychologists. Focusing on Leo Tolstoy's "The Death of Ivan Ilyich," the research applies Frankl's perspective, suggesting that facing death can catalyze a deeper comprehension of life's meaning and accelerate the realization of different value categories: creative, experiential, and attitudinal. The study specifically looks into the protagonist's adoption of attitudinal values in response to the unavoidable suffering he confronts.

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JOSHA's Critical Review of “Morte e Sentido da Vida em Logoterapia e em “A Morte de Ivan Ilitch””: Análise Psicológica de uma Obra Literária - Death and the Meaning of Life in Logotherapy and in “The Death of Ivan Ilyich”: Psychological Analysis of a Literary Work” by Kalebe da Silva de Lima, Matheus Reichelt Flores, Rosângela Araújo Darwich

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Abstract

This study explores the connection between psychology and literature by investigating how the themes of "death" and the "meaning of life" intertwine. It draws from Viktor Frankl's Logotherapy and Existential Analysis, examining their application in literature with insights from psychologists. Focusing on Leo Tolstoy's "The Death of Ivan Ilyich," the research applies Frankl's perspective, suggesting that facing death can catalyze a deeper comprehension of life's meaning and accelerate the realization of different value categories: creative, experiential, and attitudinal. The study specifically looks into the protagonist's adoption of attitudinal values in response to the unavoidable suffering he confronts.



The article “Morte e Sentido da Vida em Logoterapia e em “A Morte de Ivan Ilitch””: Análise Psicológica de uma Obra Literária - Death and the Meaning of Life in Logotherapy and in “The Death of Ivan Ilyich””: Psychological Analysis of a Literary Work” by Kalebe da Silva de Lima, Matheus Reichelt Flores, Rosângela Araújo Darwich discuss the significance of having a sense of purpose in life, with a focus on Viktor Frankl's Logotherapy and Existential Analysis.

Frankl's work emphasized the importance of finding meaning in life, even in the face of objections like materialism or the finite nature of human existence. Frankl argued that humans transcend material existence and that awareness of death gives meaning to life, motivating people to seek fulfilment in their limited time. The text illustrates this concept through Tolstoy's novel "The Death of Ivan Ilyich," showing how adversity can lead to the discovery of values and meaning, even in challenging circumstances.

The text also discusses the psychological interpretations of literary works, particularly using Logotherapy and Existential Analysis. It uses "The Death of Ivan Ilyich" to explore themes like the meaning of life, values, freedom, and responsibility, highlighting how the protagonist, Ivan, neglects meaning until his terminal illness forces him to confront death and search for fulfilment.

In summary, the text explores the intersection of psychology and literature, using Frankl's perspective and Tolstoy's narrative as examples. It emphasizes the deep connection between literature and psychology, showcasing how they both delve into the complexities of the human condition. Scholars like Jung, Freud, and Frankl are mentioned as recognizing this connection.

Ultimately, the text underscores the importance of awareness of death in the quest for meaning in life and shows how one's perception of death can change over time. It concludes by emphasizing the significance of attitudinal values in the face of inevitable suffering.

JOSHA's conclusion: The text explores psychology and literature using Frankl's Logotherapy and Existential Analysis, and Tolstoy's “The Death of Ivan Ilyich” to illustrate how death gives life meaning. It effectively links death to a meaningful life but could have acknowledged diverse human experiences beyond philosophy and Western examples. It's reductionist to say that mortality is the sole source of meaning, as well as practical applications in therapy, could enrich the discussion. Overall, the text provides a profound analysis of "The Death of Ivan Ilyich" through the lens of Logotherapy and Existential Analysis, offering readers a deeper understanding of the novel's characters and themes and successfully conveys its central message regarding the relationship between death and meaningful life



offering valuable insights into the intersection of literary and psychological concepts and encouraging readers to contemplate the significance of life and death.

Acknowledgements

ChatGPT September 25 version was used during the writing process on experimentation with new AI tools. However, the author of this review takes full responsibility for its content.

Article Information

<https://josha-journal.org/backend/articles/death-and-the-meaning-of-life-in-logotherapy-and-in-the-death-of-ivan-ilych-psychological-analysis-of-a-literary-work?locale=en>